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NJ ADD/ADHD Adult Newsletter
ADD Adult Self Help Support Group
For ADD/ADHD Adults
And Their Significant Others

MEETING: The next meeting of the ADD Adult Self Help Support Group for ADDers and their significant others will be on September 22th, Thursday, from 7:30 to 9:30 PM at Monmouth Medical Center, Long Branch, NJ. We will be meeting in the cafeteria. The meetings as usual will be on the fourth Thursday of the month except in November and December when they are on the third Thursday to avoid conflicts with the Holidays. Here is a schedule of meeting dates from September through May 2017: September 22; October 27; November 17; December 15; January 26; February 23; March 23; April 27; and May 25th.